



THE CANADIAN GERONTOLOGICAL NURSE

Spring/Summer
2018



Spring/Summer 2018

A MESSAGE FROM THE CGNA PRESIDENT



Certification update

C.N.A. currently offers 21 Specialty exams, but not all attract equal number of applicants. In December 2017, after a lengthy discussion, the Certification Program Advisory Committee recommended that exams that do not attract 100 people (initial exam writing and recertification) over a period of years will be considered for ‘retirement.’ In 2018, it is expected that three exams will be retired: Neuroscience, Orthopaedics and Rehabilitation. The Gerontological specialty exam has one of the largest number of applicants with over 2300 nurses being certified in this specialty in Canada.

How can we ensure the Gerontology exam remains viable?

Employer support for certification. Ask your employer to indicate “certification in gerontology preferred” on job postings where older adults are a major recipient of care (think beyond the traditional geriatric settings to include many adult services: med/surg; clinics; even ICU has a high portion of older adults. We have developed a letter for employers suggesting they support their staff to become certified in gerontology. Please send a note to your provincial president with the email address of managers you think should receive the letter.

Encourage your colleagues to become certified. Maybe you could offer to form a study group in your local area – invite local experts to speak on the key topics. Patty Roy hosts a session in Abbotsford, BC and Elena Macdonald is the contact for one in Halifax/Dartmouth, NS. Register your study group with C.N.A. (certification@cna-aiic.ca)

Gerontology Certification Working Group: We would like to strike a national working group to share strategies and idea on how to support nurses to study for the gerontology exam. Please let your provincial president know if you would be interested in sitting on this working group. We will meet every few months for the next year to develop some resources to support nurses who are preparing for the exam.

Do older adults take too many medications? Many of you will respond with a resounding “yes.” As nurses we are often in the position to hear patients ‘bemoan’ the number of medications they are prescribed (and may be tempted to respond “you have to take them, the doctor ordered them?”). How might we as nurses explore with our older clients/residents/patients the impact of taking so many medications? Do we observe for, and share with the prescriber, our impressions of pill burden on the person’s quality of life, such as appetite? On the other hand, how often do we ‘suggest’ a medication as a solution to an observed symptom and contribute to number of medications that are prescribed?

It turns out many health care professionals, including physicians and pharmacists, also think we are using too many medications in the usual care of older adults. Many medications have been started in earlier years for good reason, but continuing ‘all’ into older adulthood may pose more risk than benefit. The term ‘de-prescribing’ is being used to describe medication reviews that are focused on reducing and discontinuing medications. The [Canadian Deprescribing Network](#) (CaDeN) is working to raise awareness and provide materials to help Health Care Professionals and Patients work toward reducing medication use in older adults.

In February CGNA was invited to attend a interprofessional summit where various strategies to ‘spread the word’ were discussed. I presented at this forum on the role of Nurses in supporting deprescribing. As a result of this experience, we are now entering a partnership between CGNA and CaDeN. A working group has been struck to explore how we can raise awareness of this issue within our membership and more broadly with nurses who work with older adults. This group will also help develop resources to support the knowledge and skill of nurses related to this issue. The GNAO members who attended the summit are working on a manuscript for Perspectives on the topic. Hopefully we can share this work more broadly through provincial nursing publications and the Canadian Nurse.

If you are interested in contributing to this deprescribing work, please let your provincial executive know as we will be seeking broader participation from the provincial gerontological nursing associations.

The Leisure Seeker – The Movie

Seems if you put yourself out there as a “dementia nurse,” people ask you if you’ve seen the latest film or read the latest book on the topic. As a result of such a question, I recently saw the film *The Leisure Seeker*, starring Helen Mirren and Donald Sutherland. Of course it was a little over the top/unrealistic in a places, but over all I have to say I enjoyed it. It does raise some interesting ethical questions about autonomy and self-determination. Maybe you could arrange a movie night with your gerontological nurse colleagues and compare impressions afterward?

We know a famous nurse! Veronique Boscart, CGNA’s past president, has been awarded the C.N.A.’s Order of Merit Award for Nursing Research. Way to go Veronique. We are proud of your accomplishments. Read the next edition of the Canadian Nurse for details on Veronique’s extensive contribution to Nursing. Recipients of the awards will be recognized at a banquet in Ottawa on June 19.

Choosing Wisely Gerontological Nursing List was approved at the March C.N.A. board meeting. This list of gerontological best practices was developed by a working group of CGNA members from across Canada. This group met with representatives from C.N.A. from March to November 2017. The list has been reviewed by content experts within CGNA and the broader community of geriatrics. The Board of CGNA approved the list in November and with the C.N.A. board in March of this year. Once the list of message is approved by Choosing Wisely, we will circulate a link to all members. The messages will be posted on the CGNA webpage, the C.N.A. webpage and the Choosing Wisely Webpage. Webinars will be held to address each of

the messages. Each of us is encouraged to implement changes in practice to reflect these best practices. Maybe we can present on our efforts to impact change at the CGNA2019 conference in May in Calgary? We'll plan a Choosing Wisely section of the poster/speaker presentations at the CGNA2019 conference. More to come on this topic in the next newsletter when the messages are made public.

President's report

For a long time my 'new year' started in Sept – crisp air and the possibilities of new beginnings in the fall aligned with the start of school – for me and then for my kids. These days, I'm more focused on the New Year being the beginning of my fiscal year at work: what projects will have to be completed within this budget cycle? In this role as President for CGNA I am approaching the mid-way mark of my term with the AGM in May. Another NEW YEAR is soon to begin! So what have we been up to this year?

Partnerships:

- Lori Schindel Martin, our president-elect, and I represent CGNA on the Network of Specialties with the C.N.A. where we discuss challenges and possible solutions with the other specialty associations. I also sit on the Certification Program Advisory Committee (also organized by C.N.A.) where issues related to the certification exams are discussed (see updates in another article in this newsletter). This year we submitted a nomination for a voting delegate to represent us at the C.N.A. AGM and convention in Ottawa in June.
- We have maintained our partnership with Immunize Canada
- We are working on a partnership with the Canadian Deprescribing Network (see article in the newsletter).
- We had a representative on the CASN (Canadian Association of Schools of Nursing) on a working group that is looking at developing an 'exit' exam.
- NGNA (the American gerontological nursing association) dissolved this year. We have invited members of the former NGNA to join CGNA as International Associate members.
- We have supported a working group of CGNA members to work with C.N.A. and Choosing Wisely Canada to develop 6 Choosing Wisely messages focused on gerontological nursing – once approved, we will focus on ways to share those messages with members and encourage local quality improvement projects around these messages.

CGNA Business:

- We have drafted a few policies to help the association run more smoothly (sponsorship; social media; investments, virtual participate at the AGM) and are working on updating a few others (nominations; scholarship and research awards).
- We continue to support the publication of the *Perspectives Journal* (next issue due soon).
- Our financial house is in good order – we are able to provide funding for each provincial association to host an educational event.
- Scholarship and Research applications have been reviewed (and will be announced at the May 2018 AGM).
- Planning for the next biennial conference (May 2-4, 2019 in Calgary) is well underway.
- Our communications executive member has been supporting the production of this newsletter and on refreshing the Facebook page and twitter accounts and our Manager Anthony sends out email blasts to members.
- We have discussed various ways to increase the participation of CGNA members in the AGM that happens in the years between Conferences (like this year!). For the May 12, 2018 AGM, we will trial a virtual attendance option in addition to the phone and proxy voting structures. Stay tuned for an email with instructions on how to participate.

Membership:

- We drafted a letter for provincial associations to send to local employers encouraging them to encourage certification for nurses who they employ and the benefits of joining CGNA.
- Sent emails to Nurses who obtained/renewed certification in gerontology encouraging them to join CGNA.
- I have met with three new grads who are willing to advise us on strategies to engage a new generation of nurses to be members in the association.

Plans for next term (May 2018-19):

- 1) Certification: Work on strategies to support nurses who are preparing to write the certification exam in gerontology; continue to build awareness with employers on the benefits of hiring nurses certified in gerontology; partner with C.N.A. to explore developing a separate certification exam in gerontology for Practical Nurses.
- 2) CaDeN: Participate in a working group to develop resources for nurses to increase awareness and competence in having conversations about reducing medication use in older adults; encourage CGNA members to become knowledgeable on this topic and to engage other nurses/public to become more aware of the benefits of using fewer medications in later years.
- 3) Choosing Wisely: Host educational webinars on the topics identified as the gerontological nursing statements; partner with C.N.A and Choosing Wisely Canada to

promote the uptake of these messages; encourage CGNA members to implement changes in their work settings aligned to the messages and report on them at CGNA2019 Conference.

- 4) CGNA Standards: We will review the [Gerontological Nursing Competencies and Standards of Practice](#) (2010) as part of our obligation to be fully recognized as a [specialty practice area](#) under C.N.A. (standards must be reviewed at least every 5 years).
- 5) Encourage membership in the association: contact nurses who certify in gerontology and encourage them to join CGNA/provincial associations; share ideas for revitalization at chapter and provincial levels with the Board members; engage with schools of nursing to promote gerontological nursing as a focus area and encourage membership for faculty and students.
- 6) CGNA2019: Support the conference planning group/AGNA co-hosts to plan and host an amazing conference in Calgary May 2-4, 2019.

I am truly enjoying this role as CGNA president. I would like to say again how very appreciative I am of the previous leaders of our association, Veronique Boscart and Lynn McCleary, who worked hard to ensure our bylaws were compliant with the *Canada Not-for-Profit Corporations Act* and to secure the services of a wonderful Association Manager, Anthony Lombardo, who manages day to day operations of our association (finances for the association and the conference; email and webpage management; membership processing, etc.). With these foundational supports in place, we can focus on creating vitality and a renewed sense of purpose for the association.

The executive of the CGNA is supportive and fun and my thanks go to each for contributing to the success of this first year: Veronique Boscart (past-president), Lori Schindel Martin (president-elect); Heidi Holmes (Communications), Michelle Heyer (Treasurer) and Joyce Taekeman (Secretary) and my thanks to the Board of Directors – president/delegate from each provincial association: Catrin Brodie (GNABC); Jason Woytas (AGNA); Poh Lin Lim (MGNA); Julie Rubel (GNAO); John MacDonald (NBGNA); Julie Sutherland-Jotcham (NSGNA); Susan Clory (PEIGNA) and Carla Wells (NLGNA).

Mollie Cole, President (2017-19)

The Power of Enthusiastic Role Models: Fostering Nursing Student Interest in Gerontology

Sheena Simpkins Gibbs, MScN, RN, MacEwan University

The population of older adults worldwide is predicated to almost double by the year 2050 (World Health Organization, 2017). This demographic shift will cause increased demand for nurses to provide high quality care to older adults (Baumbusch et al., 2012; Goncalves, 2009; Holroyd et al., 2009; King et al., 2013; Kennedy Malone et al., 2006; Koh, 2012; Swanlund and Kujath, 2012). Fortunately, there is a “window of opportunity” to educate and recruit more nurses to gerontology before older adults begin incurring their greatest demand on the health care system (Canadian Priorities Agenda, 2008). Literature has suggested that attitudes towards older adults impacts the quality of care that they receive (Flood and Clark, 2009; Marshall, 2010; Williams et al., 2007). In addition, there is a link between a choice of a career in gerontology and nursing student attitudes towards older adults (Cooper and Coleman, 2001; Happell and Brooker, 2001; McKinlay and Cowen, 2003). So how do we foster positive attitudes towards older adults and nursing student interest in gerontology?

Nursing students undergo a process of professional socialization as they evolve from student to practicing nurse. Students identify with role models during the process of forming values, beliefs and attitudes that are characteristic of the nursing profession (Brown et al., 2012; deSwardi et al., 2017; Goldenburg and Iwasiw, 1993; Mariet, 2016). Both nursing instructors and staff nurses have been identified as powerful role models for students (Cozort, 2008; Simpkins Gibbs and Kulig, 2017; Wade, 1999). As role models, staff nurses’ passion for gerontology impacts students’ perceptions towards older adults (Cozort, 2008; Wade, 1999). Students also mirror demonstrations of enthusiasm by clinical nursing instructors towards older adults (Simpkins Gibbs and Kulig, 2017).

As enthusiastic role models for nursing students, nursing instructors and staff nurses can positively impact attitudes towards older adults influencing students’ potential career choice in gerontology. As a result, instructors and staff can impact the quality of care that older adults receive by future generations of nurses. Each of us can be powerful role models and strive to share our passion and enthusiasm for gerontology with nursing students!

References



THE CANADIAN NURSING STUDENTS' ASSOCIATION *SPEED DATING EVENT*

The Canadian Nursing Students' Association held their national conference in Nanaimo at the end of January 2018. As a representative of CGNA and GNABC, specialty associations under the umbrella of CNA, I participated in the "speed dating" event with the students for the purpose of encouraging them to consider the field of gerontology as their professional focus.

The following is the short presentation that was shared:

I am here to encourage you to consider this specialty because of the fact that our population is aging, and in your career you will be working with the older adult.

The older adult is a much more complex group of people to work with simply because of the effects of lifestyle choices and life experiences that have shaped them over the years, and of the varying health challenges that develop as they age, making each individual much more diverse than what one would experience with a younger population.

In order to be able to support them, as nurses, it is important that we develop a good understanding of the needs and challenges of this particular group of people, so that we may enhance their quality of life in whatever setting that may be.

One of the ways to do this is to become a member of your provincial gerontological nurses association and take advantage of the networking and educational opportunities it provides. When you become a member of your provincial organization you will also become a member of the national organization, which also provides networking, additional educational opportunities, and scholarships to advance your education.

Additionally, the Canadian Nurses Association provides the opportunity to write a certification exam, which indicates to your employer/potential employer that you have a special skill set when it comes to working with the elderly.

Following the short presentation, I connected further with the students regarding their questions, comments, and concerns. It was encouraging to hear the stories of students who were already passionate about gerontology. Many of them developed this interest because of family connections and experiences. Alternatively, it was discouraging to hear the stories of others who were interested, but reluctant to consider gerontology, because they were informed that they would lose their nursing skills. However, this event provided me with the opportunity to reassure those students that contrary to losing skills, as they worked with the older adult and their families, they would gain communication and critical thinking skills, which are fundamental to the nursing profession. This information provided the students with an alternative perspective for them to consider.

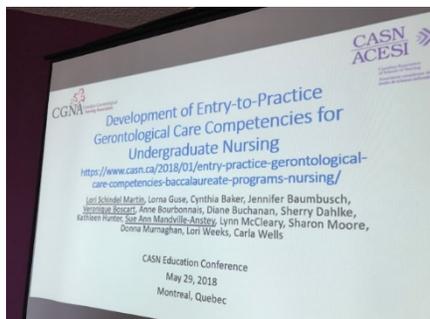
I found the "speed dating" experience to be worthwhile even though the connection with the students was brief. It provided an opportunity to stimulate thinking, clarify misconceptions and provide inspiration to consider the field of gerontology as a professional focus.

Joyce Taekema CGNA Secretary 2017-19

***"Nobody makes a greater mistake than he who did nothing because he could only do a little."
Edmund Burke***

Canadian Association of Schools of Nursing (CASN) Launches Gerontological Nursing Entry-to-Practice Competencies – Download your copy here:

Submitted by: Veronique Boscart, Sue Ann Mandville-Anstey & Lori Schindel Martin



A partnership between CASN and CGNA resulted in the creation of a task force of individuals with expertise in gerontological nursing representing nursing programs from across Canada. The task force was called together to address the need that undergraduate nursing students in baccalaureate programs be prepared to care for an aging population as they enter practice. Beginning its work in January 2017, the task force developed a set of evidence-based, literature informed competencies and indicators for the integration of

gerontological nursing care content into undergraduate nursing programs. Development involved an iterative process of continual review and refinement of draft competencies and indicators by the task force, while seeking wider input from the pan-Canadian gerontological nursing community. In May 2017 draft competency and indicator statements were reviewed at a pre-conference workshop at the 19th Biennial CGNA conference, with over 35 gerontological nurses. Participants were given the opportunity to provide in-depth feedback on the competency and indicator statements, which was then collated and reviewed by the task force. Once the next iteration of the competency and indicator statements was completed, a final validation survey was distributed. Respondents were asked to indicate the level of importance for each of the competency and indicator statements. The results were again collated and reviewed by the task force. The outcome of this project was the identification of three overarching, inter-related competency statements each explicated with 8-11 indicators. The final competencies document was



approved by CASN Council in November 2017 and is now available for download from the CASN website. Representatives of the task force presented a paper describing the development process and the final competencies at the CASN Education Conference on May 29 in Montreal, Quebec. The slide deck will be posted on the CGNA website. We invite our members who teach in nursing programs to use this deck to inform and influence curriculum development teams to ensure core gerontological nursing competencies are threaded throughout all years of their program. We encourage nursing educators to map gerontological content within their program to meet core competencies. In addition, we ask that you submit an abstract to present a paper, workshop or poster at the 20th biennial conference of the CGNA describing how your school of nursing embedded gerontological nursing content to ensure entry-to-practice competencies are met.

We want to hear from you!!!

Engaging Students

Do you practice, teach or work with nursing students, and encourage them to become involved in the field of gerontology? If so, we invite you to share your stories and examples! Please consider preparing a half page story and submit this to be published in our next Canadian Gerontological Nursing Association (CGNA) Newsletter.

We are in your experiences of involving students in innovative or exciting placement or activities, or some of your example of how you have encouraged students to become involved in seniors care. Maybe you can share your stories of what worked well and how others can use these strategies to get students excited.

Please submit your story by email to Veronique Boscart at vboscart@conestogac.on.ca

Thank you

What's Happening Across the Country???

Do you know.....

of a colleague, a facility, a program or an initiative that deserves recognition? The CGNA newsletter would like to hear about the great work that is happening across the country. If you would like to submit a brief article please feel free to do so!!! If you have any questions about a possible submission please do not hesitate to contact me. No questions? Then just submit what you have. The CGNA would be happy to hear from you!!!

Christine Johnson,

contact via email at: cmjohnson@hsc.mb.ca

CGNA Facebook & Twitter

Thank you to all who have 'Liked' us on Facebook! Remember when you are on Facebook that you can post comments and questions, respond to comments and questions, and dialogue!

If you're interested in helping with our Facebook postings or Tweets, contact Heidi Holmes (Hholmes@conestogac.on.ca).



CGNA2019

20th Biennial CGNA Conference
May 2019 | Alberta | Canada



Mollie Cole, CGNA President, invites you to Calgary for CGNA2019!

It is my pleasure to invite you to our 20th Biennial Conference of the Canadian Gerontological Nursing Association, co-hosted with the Alberta Gerontological Nurses Association, taking place May 2-4, 2019 in beautiful Calgary, Alberta, Canada (and my current home town!!!).

To make this conference a success, we hope many from across Canada (and abroad!) will join us to share clinical successes, discuss innovations, and learn about caring for older adults. The 2019 conference theme is **‘Older Persons Climbing Mountains: Journeys & Transitions.’** Our theme speaks to our important role in supporting the health and well-being of older adults, and indeed engaging older adults themselves in their journeys.

I encourage you to submit an abstract to share the story of your work and meet gerontological nursing colleagues from across Canada. Have you addressed one of our Gerontological Nursing Choosing Wisely messages? Have you addressed ‘de-prescribing’ in your practice (appropriate medication use?). We’d love to hear about your efforts. We are accepting abstracts for the conference until **October 1, 2018!**

All the conference details can be found on the conference website at <http://CGNA2019.ca>, including information about the program, venue and discounts on hotel rooms and travel for the conference.

Sponsorship and exhibiting opportunities at CGNA2019 are also available for those wishing to showcase their organizations, institutions or companies. For more information, please view our prospectus.

I look forward to meeting you at the CGNA’s 20th Biennial Conference in May 2019. See you in Calgary!

Sincerely,

Mollie Cole, RN
President, Canadian Gerontological Nursing Association

News from Provincial Associations



Alberta – Alberta Gerontological Nurses Association
www.agna.ca

Activities: Edmonton chapter had a presentation from Caregivers Alberta (Debra Patches), Red Deer had their presentation on Laneway Houses recently, and Calgary did have a presentation on Geriatric Education from Mount Royal University. AGNA Conference/ education day and AGM Scheduled for April 20. Ongoing planning going on for 2019 CGNA conference in Calgary.

Successes: Gotomeeting platform is going well.

Challenges: Continue to have issues with participation of rural chapters/ attendance. We've had requests to close our Fort MacMurray and Drayton Valley/ Breton/ Rimbey chapters, and still haven't had anyone come forward from Lethbridge to represent that chapter. Hoping that discussions this coming year will be around revival and engagement of rural members perhaps with the online platform

Submitted by Jason Woytas



British Columbia - Gerontological Nurses Association of British Columbia
www.gnabc.com

Membership:

Activities: GNABC provincial conference and AGM a great success with wonderful guest speakers and feedback that it was one of the best conferences

Successes: recruitment of a full provincial executive. The initiation of paypal for membership

Challenges: individual chapter executive recruitment. Many have been in these roles for years and new folks not interested in this leadership volunteer work.

Activities:

Provincial conference since last submission

PayPal for the membership: future plans to use paypal for conference fees (Ont, MB also use this approach)

Recruited more at the conference

Submitted by Catrin Brodie



Manitoba – Manitoba Gerontological Nurses' Association

Membership:

56 renewed as active members
45 pending renewal.

Activities:

2018 February 27 GM: Business meeting followed by education presentation entitled: rTMS — Repetitive Transcranial Magnetic Stimulation An International Clinical Trial in the Treatment of Alzheimer's Disease. Presented by: Grant Rutherford B.Sc. E, M.Sc. E, **Successes:** Changes in executive members managed, new ones were recruited.

Challenges: Due to unforeseen circumstances, April AGM and Spring conference were postponed. However, we are back on track. AGM will be on May 22, 2018 Biennial conference will be on October 5, 2018.

Goals:

same as previous quarter: to continue membership drive, serve the needs of members and increase liaison with community partners

Submitted by Poh Lin Lim



New Brunswick – New Brunswick Gerontological Nursing Association

No report available

Newfoundland – Newfoundland & Labrador Gerontological Nurses Association www.nlgna.ca

Membership: 40

Activities: Planning for next provincial education conference in Oct, 2018

New website being launched.

Successes: Bursary awarded for \$500.00

Challenges: To grow membership. No update re percentage of membership to be an interest group.

Goals: Promote CGNA conference 2019.

Submitted by Carla Wells



Nova Scotia – Nova Scotia Gerontological Nurses Association
www.nsgna.com

Membership: 37 active as of April 11, 2017 (8 of those are new members)

Activities: Planning has been ongoing for a Spring Education event to be held on May 9, 2018. We have updated a brochure for NSGNA which includes our facebook link to distribute at different events we are a part of (ie. education days for nursing staff)

Successes:

Challenges: Sustaining an increasing membership remains ongoing as well as recruiting members to participate in Executive roles. We have openings we have not been able to recruit to: President-Elect and Secretary being key ones.

Submitted by Julie Sutherland-Jotcham



Ontario – Gerontological Nursing Association Ontario
www.gnaontario.org

Membership: 2039 including 1144 student members.

Activities: On April 13, 2018 GNAO hosted its first conference since 2014. We welcomed 75 attendees from across Ontario to this successful day. We also elected a full provincial board (four positions were available).

In addition, several chapters hosted a meeting during this time period including a very successful meeting in our Lambton Chapter regarding medicinal marijuana.

Successes: We continue to work towards our technology goal via our North East Chapter project; results are anticipated in Fall 2018. As well, the provincial board has determined some encouraging next steps to revive our recently inactive chapters.

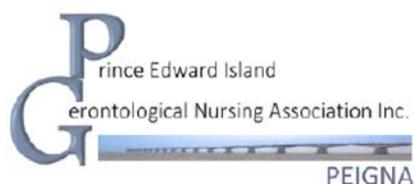
Challenges: Communication with members via our three inputs of membership (two interest groups as well as direct-join online) continue to challenge us. We have determined important next steps to improve this process.

Submitted by Julie Rubel

Gerontological Nursing Association of Ontario Conference 2018

Friday the 13th may be unlucky for some, however, for the group of gerontological nurses and related professionals who attended the GNAO conference in Niagara Falls on this day, we counted ourselves fortunate. The day began with keynote speaker Dr. Samir Sinha promoting the role nurses play when caring for older adults, as well as letting us know about some innovative ways with which to use key data to provide best practices. Other topics for the day included: the role of paramedicine in the community when caring for older adults, retelling of a personal journey through mental health issues of the older adult, awareness of LGBTQ needs in the gerontological community and in LTC, and more. There were many vendors, such as Alzheimer's Society, RPNAO, RNAO, etc. A few posters were also presented about new information and research to help us provide better care to our clients. The GNAO held their AGM in the morning before the conference began and also changed leadership, saying goodbye (but only in her role) to Julie Rubel as President of GNAO and welcoming in Therese Lim to take GNAO into 2019 and beyond! The GNAO now has a full executive and is sure to provide many more great educational opportunities to its members, as well as advocate for the care of older adults. Thanks for a great day!





Prince Edward Island – Prince Edward Island
Gerontological Nurses Association

Activities: Upcoming education day April 20, 2018

Successes: Working to promote awareness of the Association

Challenges: Challenges re growing the membership

Activities: PLANNING OF APRIL EDUCATION DAY

Submitted by Susan Clory

CGNA EXECUTIVE	
President: Mollie Cole	mollie.cole@albertahealthservices.ca
President Elect: Lorie Schindel Martin	lori.schindelmartin@ryerson.ca
Treasurer/Membership: Michelle Heyer	mheyer122@gmail.com
Secretary: Joyce Taekema	taekema@shaw.ca
Communications: Heidi Holmes	hholmes@conestogac.on.ca
Past President: Veronique Boscart	vboscart@conestogac.on.ca
CGNA DIRECTORS	
British Columbia, GNABC: Lilian MacTaggart	li.mactaggart@shaw.ca
Alberta, AGNA: Jason Woytas	jsnwoytas@gmail.com
Manitoba, MGNA: Tara McNaughton	president@mgna.ca
New Brunswick, NBGNA: John MacDonald	d1ds@nb.sympatico.ca
Nova Scotia, NSGNA: Julie Sutherland – Jotcham	Julie.Sutherland-Jotcham@nshealth.ca
Ontario, GNAO: Julie Rubel	Julie.rubel@gmail.com
Prince Edward Island, PEIGNA: Susan Clory	saclory@ihis.org
Newfoundland & Labrador, NLGNA: Carla Wells	cwells@grenfell.mun.ca

Canadian Gerontological Nursing Association Management

Anthony Lombardo, PhD

Email: office@cgna.net

Website: www.cgna.net

Newsletter

Christine Johnson, RN, MN, GNC(c)

Email: cmjohnson@hsc.mb.ca