



# THE CANADIAN GERONTOLOGICAL NURSE

Spring / Summer  
2016



## SPRING / SUMMER 2016

### A Message from the CGNA President



The past year has been an active one for CGNA. The hard work of our members, our board, and executive committee has paid off and is most apparent in our accomplishments during my first year as the President.

The following is a summary of our activities and the work of your board, executive committee, and members over the past year.

- Transitioned to a new management (Dr. Anthony Lombardo) and welcomed new committee members into their various roles and responsibilities. These changes include but are not limited to, the changes in signing authority and banking documents, the development of an Investment Policy along with other policies, and orientation of new members.
- Facilitated three BOD meetings and monthly Executive Meetings.
- We have begun the work of implementing our Strategic Plan (approved at AGM 2015) through the work of 2 subgroups.
- Several research scholarships and awards were awarded.
- Supported Conference Planning Committee for the CGNA conference in Ottawa 2017. The call for abstracts is now launched.
- Promoted memberships through several Meet & Greets, scholarly presentations, and lectures on a variety of topics on gerontology including:
  - Health Informatics and Life Sciences students, Community Safety students
  - Interdisciplinary staff from transitional, complex and palliative care units
  - Waterloo Hospice Palliative Care Interdisciplinary Education Committee
- Held a discussion about certification with the CNA Interest groups and explored ideas on how nurses can influence employers to support RN Certification. We received an update regarding CNA's new on-line application process for new and renewal certification.
- Changes are underway to the website and the Membership database.
- CGNA and RNAO delivered a joint submission on Dementia Care in Canada to the Standing Senate Committee on Social Affairs, Science and Technology. We addressed issues surrounding resources, assessment, management, and support.

- Invited to provide input to the Canadian Partnership Against Cancer – Palliative Care Education and Capacity Survey for HEAL Members.
- Partnered with the Canadian Dementia Priority Setting Partnership. Website:
  - English: [www.alzheimer.ca/researchpriorities](http://www.alzheimer.ca/researchpriorities)
  - French: [www.alzheimer.ca/prioritesderecherche](http://www.alzheimer.ca/prioritesderecherche)
- New business and issues included the Canadian Nurses Association:
  - President-Elect Participated in the development of exam questions for the Gerontological certification exam.
  - Participated, on behalf of CGNA, in a survey on the Role of the RN in Infection Control Practices, distributed by CNA for input to IPAC (Infection Prevention and Control Canada).
  - Distributed several requests to distribute information to members.
  - Attended the Network of Nursing Specialties meetings. Issues that were discussed at that meeting included information sharing regarding conferences and webinars and certification programs.

It has been a pleasure working with the dedicated members of this organization and I look forward to continue working alongside you. A special thank you to Kim Martin and Lillian MacTaggart who have completed their term and a warm welcome to Michelle Heyer and Catrin Brodie.

Veronique Boscart



On April 13, 2016, I had the privilege to appear before the Standing Senate Committee on Social Affairs, Science and Technology, on behalf of the Canadian Gerontological Nursing Association (CGNA) and the Registered Nurses' Association of Ontario (RNAO) to give a presentation on dementia in Canada. The Canadian Gerontological Nursing Association (CGNA) is the national organization representing gerontological nurses and promotes gerontological nursing practice across national and international boundaries. The Registered Nurses' Association of Ontario (RNAO) is the professional association representing registered nurses (RN), nurse practitioners (NP) and nursing students in Ontario.

In preparation for this presentation, CGNA and RNAO developed a joint submission and 12 recommendations on five key areas related to dementia care in Canada.

**The first key area is Health System Resources.**

Dementia is a highly complex illness that encompasses responding to biomedical, psychosocial and ethical challenges. This multifaceted illness requires a multifaceted approach, which includes various health and social services. It also requires health human resources equipped with the knowledge and skills to manage this chronic disease. An ample supply, distribution and utilization of health professionals, including registered nurses and nurse practitioners, working together in teams is critical to support people living with dementia. This should be one of the key elements included in the next Health Accord, along with enforcing the Canada Health Act, appropriately increasing health funding, reinstating the Health Council of Canada and expanding Medicare to include universal home care and pharmacare without co-payments or user fees.

**The second key area is Education.**

It is imperative that registered nurses, nurse practitioners, and others, including unregulated providers, have opportunities to enrich their knowledge skills and competencies to care for persons with dementia. This can happen through dedicated education in gerontology and chronic disease management. Efforts should also be made to provide human and financial resources to support uptake in practice and education, of the most current and relevant evidence to ensure the highest quality, evidence-based care for Canadians with dementia. One shining example of this in action is RNAO's award-winning Nursing Best Practice Guideline program. RNAO translates evidence into practice and healthy work environment guidelines and a number of implementation resources to improve health service delivery. The results of this work are being adopted throughout the world.

It is also important that the Canadian health system aligns the knowledge and skill of our health workforce with the needs of people. Exciting efforts are underway in Ontario and other jurisdictions to authorize RNs to prescribe medications. We are calling for an independent model of prescribing that can be used to provide accessible and continuous care for persons experiencing dementia. This will minimize unnecessary transfers, which can be problematic for persons with dementia.

**The third key area is Housing.**

Fostering living well with dementia means efforts should be made to support persons to remain within their own homes and communities. This requires access to appropriate home and community supports and assistance for care partners. Well organized home care services, and sufficient and suitable day programs are important staples of supporting aging at home and providing care partners with the resources and supports they need. When a person with dementia is no longer able to live safely and independently at home, they may consider transitioning to a more supported care

setting (e.g., supportive housing, assisted living) to avoid premature or inappropriate institutional care. As a society, we must ensure that all Canadians with dementia, regardless of their socioeconomic status, have access to appropriate housing. This can be done by ensuring that accessible housing models exist that accommodate various levels of care needs and abilities, and resembles living at home. We further urge for the application of a health equity lens in government decision-making to better understand the sociocultural and economic factors that persons with dementia and their care partners' experience.

#### **The fourth key area is Care Partners.**

The role of care partners, family members, friends and others are critical to support persons living with dementia. Compared to caregivers of older adults who retained cognitive abilities, care partners of persons with dementia are more likely to experience chronic health problems, depression, and social isolation. We urge the committee to recognize and value the integral role of care partners for persons experiencing dementia and ensure structured support exist, including accessible day programs and respite care. We also call on you to support efforts that co-ordinate information about local services and programs under one body. Features of the services and programs should be clearly communicated to the public (i.e. provision of meal, length of session, age requirements, etc.).

#### **The final key area is Integration of Health and Social Services.**

A shift is needed in Canadian health policy from a focus on individual sectors to a broader, integrated model of health and social services. Interprofessional primary care delivery that utilizes teams of regulated health professionals practicing to their full scope supports an alignment between health and social services. Interprofessional team-based primary care models enable providers to enter into long-term therapeutic relationships whereby all of a person's health and social needs can be co-ordinated, in collaboration with service providers within the community. For persons with dementia, these models give them consistent access to a single point of contact for their care. Primary care Registered Nurses are ready to serve as dedicated care co-ordinators.

In conclusion, RNAO and CGNA are grateful to the Standing Senate Committee on Social Affairs, Science and Technology for the opportunity to contribute to your work. We look forward to seeing our recommendations integrated into your final report and would welcome the opportunity for further dialogue on this important issue.

Below is the link to the Video Webcast, Evidence, and Minutes.

[http://www.parl.gc.ca/sencommitteebusiness/Notice.aspx?parl=42&ses=1&comm\\_id=1047&Language=E&meeting\\_id=422571](http://www.parl.gc.ca/sencommitteebusiness/Notice.aspx?parl=42&ses=1&comm_id=1047&Language=E&meeting_id=422571)

Veronique Boscart, RN, PhD

## An Invitation to CGNA2017

Hello CGNA Colleagues,

Please let me introduce myself, my name is Julie Rubel and I am President of Gerontological Nursing Association Ontario (GNAO). We at GNAO are thrilled to be co-hosting the [2017 CGNA Biennial Conference](#) happening May 4-6, 2017 in Ottawa.



To make this conference a success, we hope many CGNA members from across Canada will join us to share clinical successes, innovations, and to have a great time with those who are as passionate about caring for older adults as we are. We are [accepting abstracts](#) for the conference until September 16, 2016!

The 2017 conference theme is **'Gerontological Nursing: Shaping Healthcare for those who Shaped Canada'**, a fitting tribute to the commitment of gerontological nurses as we diligently work to improve the lives of older adults who have paved the way for us. The theme also alludes to the need for continued action and advocacy to create a future in which care of older adults is admired and celebrated for its complexity.

Given the conference will be held in our Nation's capital during Canada's 150th birthday, I'm certain our nursing community will be inspired to create this future, working creatively and collaboratively. I encourage you to consider submitting an abstract to share the story of your work and making the trip to meet gerontological nursing colleagues from all across the nation.

I look forward to meeting you all at the CGNA's 19th Biennial Conference in May 2017. All the conference details can be found on the conference website <http://CGNA2017.ca>, including information about the program, venue and discounts on hotel rooms and travel for the conference. I would also draw your attention to the [Call for Abstracts](#) (deadline for submission is September 16, 2016).

**Sponsorship and exhibiting opportunities** at CGNA 2017 are also available for those wishing to showcase their organizations, institutions or companies. For more information, please [view our prospectus](#). See you in Ottawa!

Warmly,

Julie Rubel RN BScN GNC(c)

President The Gerontological Nursing Association Ontario

## Report of the CGNA National Conference Planning Committee

**It is less than a year until we meet in Ottawa to celebrate the 19th Biennial Conference of the Canadian Gerontological Nursing Association, from May 4-6, 2017!**

This is Canada's 150<sup>th</sup> birthday so there is major excitement and plenty to do before and after the conference in Ottawa. The theme was selected based on the historical date and to honour the older adults.

Details about the conference, the venue and hotel rooms are available now on the CGNA2017 Conference Website. The hotel, Marriott East, is located at 200 Coventry Road. This beautiful hotel is connected to the conference centre. Parking at the hotel is free and the hotel and conference centre are located within a few minutes walk /drive from the Train Station and approximately 10-15 minutes commute from the airport. We are delighted to be celebrating gerontological nursing in Ottawa in 2017 as this city celebrates its 150th birthday.

**The Call for Abstracts has been launched so visit the official conference website <http://CGNA2017.ca> - and share this conference and abstract information with your colleagues.**

Submitted by: Carla Wells and Diane Buchanan, Conference Co-chairs CGNA National Conference Planning Committee



**CGNA2017** Gerontological Nursing: Shaping Healthcare for those who Shaped Canada

Call for Abstracts!

May 4-6, 2017  
Ottawa, Ontario  
[CGNA2017.ca](http://CGNA2017.ca)  
#CGNA2017

## Member Profile



Introducing.....

**Tara McNaughton**  
Manitoba Gerontological  
Nursing Association (MGNA)

(Tara, right is seen here with staff member, Bernadette Ali )

**Tell us a bit about your career path and what led to your interest in geriatric nursing.**

*I started my career in health care by being a live in caregiver to an elderly couple for a year then I transitioned to being a HCA , then took my LPN, continued on to my RN, then pursued my BN. I have been in health care for over 20 years, and for the last 9 years as a manager with my focus and love being in geriatrics.*

**What is your current position?**

*My current position is Resident Care Manager on Cornish 2, Interim care at Misericordia Health Center in Winnipeg. I have been in this position for 7 years*

**Tell us about your term as MGNA President? What insights have you gleaned during your term.**

*From 2014-2016 I was president elect, as of April 2016 I assumed the role of President of MGNA. As incoming President I saw a need to grow the association by reaching out to others who share a passion for the Older Adult as I do. Planning great speakers and providing a great meal for the members that attend our meetings. Word spread and we grew from 45-125 and growing. I just encouraged another 4 members to join this month. And I know I am not the only one. We have a membership of amazing people. We have also expanded our associate membership to include our interdisciplinary team members. We have pharmacists, PT's, LPN's and RPN's*

*I know that in order for us to grow we have to make things fun for our members, prove that as the executive we are committed to supporting the membership and having goals and a big picture dream to inspire all of us that care for the Older Adult. I'm Ukrainian*

*and I know that people love a great meal, so for our members that attend our General Meetings we ensure that they get a good supper as they are coming straight from work and have no time to stop and eat. That's our job to care for our members. We are also doing a Wine and Cheese for our AGM's. It's time to celebrate our achievement and one another and present well deserved members with Nursing Distinction awards.*

*The 2016-2018 Executive is packed with movers and shakers, amazing women who are inspired and want the Association to grow. We have decided to create a website that is user friendly, interactive, and will allow all those looking for who we are to find us.*

*We are also committed to reaching out and working with our community partners, linking ourselves to them and coming together to collaborate for the growing needs of our Older Adult. I am committed to taking time to meet with all agencies and partners willing to link with MGNA. We are also planning to be more visible as an association, attending conferences and giving out our swag... Proudly celebrating MGNA*

### **You are off to Brandon (Manitoba) to start a new job?**

*My new title is Regional Manager of Clinical Education in the Prairie Mountain Regional Health Authority.*

### **Are you planning to promote MGNA there and perhaps start a new chapter?**

*Absolutely, I am. MGNA is Manitoba wide, and my dream is to have many chapters that are established over the next couple of years so that we can grow and expand our membership.*

### **What inspires you?**

*What inspires me is that I know we all have a purpose in life, I feel mine is reaching out to others and inspiring them to be the best that they can be with the skills and strengths that they have. We as nurses' have an amazing gift to give. The art of nursing is the most priceless piece of what we do.*

### **Any final thoughts; words of wisdom for the CGNA membership?**

*I have 2 quotes that inspire me.... 1. People don't care how much you know until they know how much you care" — Zig Ziglar and 2. "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has", Margaret Mead. I hope I can inspire others to see the amazing impact we can have in our geriatric population and also the families that love them.*

**The CGNA would like to thank Tara for taking her time to answer a few questions. If you know someone or have a program / initiative worth mentioning, by all means let us know!!! Send your submissions to Christine Johnson at [cmjohnson@hsc.mb.ca](mailto:cmjohnson@hsc.mb.ca).**

## News from Provincial Associations

---



*Alberta* – Alberta Gerontological Nurses Association  
[www.agna.ca](http://www.agna.ca)

This is a year is worth celebrating for the Alberta Gerontological Nurses Association, as it marks both 100 years of nursing in Alberta, and 35 years as a specialty practice group for AGNA. We closed the membership year with an great conference focusing on advocating for those with dementia. It included strong messages of personal, organization and community experience with dementia. An Open Space session in the afternoon provided an opportunity for participants to identify and develop topics of interest and concern to them . AGNA has identified organizational priorities of membership and communication and is addressing these through working groups. At the same time AGNA is considering how to retain the benefits of chapter structures that have been successful for many years.

We would like to acknowledge our AGNA members and nursing family in Fort McMurray. We have all seen the media stories of the evacuation of the community and hospital including Long Term Care. Many powerful stories of both loss and human strength have emerged in the days following. Nurses stepped forward in this harrowing time to care for their patients and community and continue to be key players as the community begins to recover. To all our nursing colleagues in Fort McMurray, thank you for what you have done and continue to do, and know that you are in our hearts and minds in the days ahead.

---



*British Columbia* - Gerontological Nurses Association  
 of British Columbia  
[www.gnabc.com](http://www.gnabc.com)

### **Greetings from Kim Martin, GNABC Provincial Past President:**

"It has been a real honour to serve as GNABC's Provincial President for the past two years. My two-year term ended following our provincial AGM on April 8th, 2016. We welcome Catrin Brodie, the new GNABC Provincial President! I thank everyone, GNABC provincial and chapter executive, our members, CGNA Board and all those who I formed connections with during my term as president for your support and dedication. I wish you all the very best."

- Membership numbers: Provincial total of 222 members this past year (2015-16). Increase of 3 members from last year's total.
- We had a successful provincial conference April 7<sup>th</sup>-8<sup>th</sup>/16. Conference Theme: "Communities: Diversities in Seniors' Care" held in Vancouver Lower Mainland (i.e., in Coquitlam) at the Executive Plaza Hotel & Conference Centre Coquitlam, which included Annual General Meeting on April 8<sup>th</sup>. Next conference will be in Prince George, BC in spring of 2017.
- Congratulations to this year's (2016) GNABC education award recipient is Brittany van Viegen.
- Three of our ten chapters were struggling this past year with recruiting into executive positions and/or very low turnout for their chapter education sessions. With the efforts/support of both provincial and chapter executive, Kamloops and Fraser Valley chapters were able to recruit into chapter executive positions that were vacant and/or for executive members wishing to step down after serving beyond their term. Both these chapters are no longer struggling! Vancouver chapter, however, merged with Richmond chapter on Jan. 25, 2016 to form a new chapter called Richmond/Vancouver chapter, with Richmond chapter providing executive leadership. Richmond/Vancouver chapter are rotating between Richmond and Vancouver venue sites for their meetings.
- Please visit our website for further information of our 9 chapters, including the education sessions they provide. There were many great education sessions provided by each of our 9 chapters this past year. Chapters continue to try out new ideas – e.g., toured a funeral home.
- GNABC would like to expand and develop chapters in other areas of our province. Those interested in becoming a member please visit our website for membership application form. Those interested in forming a chapter, please contact our president and/or membership chair (contact information is on our website)!



Manitoba Gerontological Nurses' Association (MGNA)  
[www.mgna.ca](http://www.mgna.ca)

Greetings for all from Manitoba!

MGNA had a great Wine and Cheese AGM that was well attended on 2016 May 24. The 2016 MGNA Distinction Award Recipient was Patty Johnson, Director of Long Term Care at Misericordia Health Centre, Winnipeg. Congratulations to Patty Johnson on her lifetime of nursing excellence in gerontological care. Our speaker for the wonderful evening education presentation was Karen Dunlop on the new establishment of ARNM (Association of Registered Nurses of Manitoba).

We welcome the new MGNA executives:

- Tara McNaughton, President
- Stacey Morgan, President-Elect
- Jennifer Moran, Secretary
- Joyce Stabner, Treasurer
- Gayle Dyck, Membership
- Brandy Stadnyk, Media/Communication
- Twyla Jaworski, Education
- Poh Lin Lim, Past President and current CGNA Board of Director from MGNA

MGNA members are all invited to participate in the upcoming MGNA [Strategic Planning Meeting](#) to be held on June 21, 2016, Tue 5 pm-7pm at the CRNM building. Come help develop a new strategic plan for 2016-2018. It is time to review the mission and goals of the MGNA; and to discuss what we want to accomplish and determine how we are going to do it.

Like us on our MGNA Facebook: <https://www.facebook.com/MGNA-Manitoba-Gerontological-Nursing-Association-898176606940445/?fref=ts>; and stay tuned for our new MGNA website which is under construction.

Reported by Poh-Lin Lim



*New Brunswick* – New Brunswick Gerontological  
Nursing Association

Our group met in December 2015 in Miramichi City hoping to have more people attend from the more northern part of the province. There were more from that area that were able to attend. I spoke on what a Geriatric Assessment was and how the Memory Clinic worked at the Moncton Hospital. On April 22/16 our Chapter met for our AGM and educational session in Miramichi City. We had eight attendees. Our Treasurer, Ronda McCready, is staying on for another two years. Stepping into the President Elect position is John MacDonald. We hope to have him sit in on a BOD meeting before becoming President. The rest of the executive remain the same as Sylvie Bernard, secretary ; Linda Boudreau, president; and Dawn Fenton, past president. Our educational session was on Bone Health and Osteoporosis. We hope to meet as an executive in the next few weeks before summer vacations begin so we can plan our September meeting. We are hoping that we can hold our business part of our meeting in conjunction with the Symposium on Aging being held in Fredericton, NB September 21-23<sup>rd</sup>, 2016. Many of our members attend that Symposium and will already be there.

Submitted by Dawn Fenton RN,CNC(C), Past President



Newfoundland Labrador Gerontological Nurses Association  
(NLGNA)

### **Provincial Education Conference**

NLGNA held its Provincial Education Conference “Looking to the Future: Aging in NL” on May 27<sup>th</sup>, 2016. Speakers and topics included: Dr. Veronique Boscart (keynote speaker) “Changing the Winds to Promote Excellence in Seniors Care: Dr. Aaron McKim, “Physician Assisted Death”; Dr. Carla Wells, “Ageism”; Suja Varghese, “Nutrition and Aging”; and Nicole Kielly, “Oral Health and the Aging Population”. It was an energizing day with lots of learning and collegial exchange of ideas.

I would like to thank all the speakers, the Centre for Nursing Studies for hosting the event, and all the participants who contributed so much to the success of the day.

### **Education Scholarship**

NLGNA, through the Association of Registered Nurses of Newfoundland and Labrador (ARNNL) awarded one Education Scholarship, to Dawn Pittman, a doctoral student at Memorial University of Newfoundland (MUN). Congratulations, Dawn.

### **New Executive**

This will be my last report, as president of NLGNA. In June, a new executive will take the lead in NLGNA. The new executive are:

- Dr. Sue Ann Mandville-Anstey, President
- Mary Beresford-Osborne, Secretary
- Valery Goulding, Treasurer
- Dr. Carla Wells, Past President

A separate election will be held in the fall for President-elect.

Attached is a photo of the outgoing executive of NLGNA with Dr. Veronique Boscart, President, CGNA. I want to thank this executive for their tireless efforts working on behalf of older adults in NL and those who provide care to this population.

Respectfully submitted,

Carla Wells, President, NGLNA



From left to right: Sharon Nolan, Treasurer, Dr. Veronique Boscart, President, CGNA, Dr. Carla Wells, President, NGLNA, Paula Walters, Past President, and Dr. Sue Ann Mandville-Anstey, Secretary.



*Nova Scotia* – Nova Scotia Gerontological Nurses Association [www.nsgna.com](http://www.nsgna.com)

Our 2016 AGM took place on May 12<sup>th</sup> with an education evening. Those attending enjoyed three timely presentations on Medical Assistance in Dying – What will it mean for older adults and the nurses caring for them?, Polypharmacy – What’s new? and Spirituality – Care for the care provider as well as the patient. The evening, which was well attended, drew both members and non-members and concluded with the Annual General meeting. We were happy to have two new faces join the executive for the coming term – Lori Quinn as Secretary and Esther Stamm as Treasurer.

The immediate focus for the directors is a review of the current by-laws and then from those, a revision of the operations manual into appropriate policies. This will mirror the structure used by CGNA.

Director reporting: Jennifer Haynes



*Ontario* – Gerontological Nursing Association Ontario [www.gnaontario.org](http://www.gnaontario.org)

The GNAO executive is continuously striving to build capacity in gerontological nursing. As an example, membership Co-chair Karen Bakker-Stephens and South East President Megan Hiltz have been involved in a consulting role for the Registered Practical Nurses Association Ontario (RPNAO) Role Clarity LTC Expert Panel. Also, GNAO was pleased to again offer the opportunity for members to sponsor a student or new grad to attend the GNAO AGM. This opportunity was rebranded “Dinner with a Mentor” to further endorse the opportunity to network. Four students took advantage of this opportunity in April 2016. This opportunity will also be offered at the provincial conference in the fall of 2016. Lastly, GNAO is engaging in conversations with other Registered Nurses Association Ontario (RNAO) Interest Groups and Chapters about building mentorship programs.

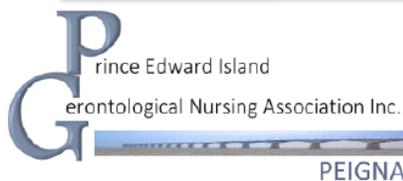
GNAO aspires to shine a light on the work of gerontological nurses. GNAO produces a quarterly newsletter, last published in April 2016, featuring a new “Connecting with You” column focusing on the innovation of members in clinical practice and/ or in promoting the work of GNAO. The next newsletter edition is due to be released in July. Another new feature was launched on the GNAO website ([www.gnaontario.org](http://www.gnaontario.org)) in March 2016 entitled “Geriatric Nursing Never Gets Old” which highlights a gerontological

nurse by introducing readers to their practice setting and exploring contributors to their success.

With respect to the GNAO board, recruitment is underway to fill the President- Elect (PE) position following the unscheduled departure of the previous PE who was to transition to President in April 2016. Interested applicants can contact GNAO President Julie Rubel [julie.rubel@gmail.com](mailto:julie.rubel@gmail.com).

Upcoming Events: 42nd Annual Provincial Conference “Gerontological Nursing is More Than You Think: Nursing & Aging Across the Continuum” to be held November 4, 2016 in Kingston. Details of this event will be posted to <http://gnaontario.org/gnao2013/events/> as they become available.

Director Reporting: Julie Rubel



*Prince Edward Island* – Prince Edward Island  
Gerontological Nurses Association

### **Current Issues:**

Recruiting new members and keeping them actively involved continues to be our greatest challenge. As well, increasing and maintaining our website viewers and social media followers.

### **Activities during this period (e.g., educational sessions, participation in provincial policy development):**

- January 21, 2015: General meeting and conference planning update given Elaine Campbell and Mary MacSwain. Multiple new members present at the meeting. Treats provided to kick off the opening of the 2015 Biennial registration!
- PEIGNA General meeting April 1, 2015
- May 2015 CGNA Biennial Conference!
- June 3rd – annual general meeting held with new members as a result of the CGNA conference. Conference overview and celebration was held at the end of meeting.
- September 16th – general meeting held and discussion around attending education events throughout province to increase visibility and promote membership. Education session on ‘How young blood might help reverse aging’ <http://www.nature.com/news/ageing-research-blood-to-blood-1.16762>

- February 17<sup>th</sup>, 2016– General meeting with education session: ‘A Day in the Life of a LTC nurse’. Annual Education Day – April 15, 2016 – Restorative Care in the Aging Population - May 18<sup>th</sup>, 2016 – upcoming PEIGNA AGM

**Additional notes and items to report:**

- Membership last AGM report: 22 members
- Membership to date: 20
- Membership increased to greater than 30 throughout the year but many have not renewed for the upcoming year which we identified at our executive meeting on the 9<sup>th</sup> and will address in the next week by notifying each former member.

Director Reporting, Jennifer Petrie

## Your CGNA Board of Directors

CGNA EXECUTIVE	
<b>President:</b> Veronique Boscart	vboscart@conestogac.on.ca
<b>President Elect:</b> Mollie Cole	mollie.cole@albertahealthservices.ca
<b>Treasurer/Membership:</b> Michelle Heyer	Mheyer@conestogac.on.ca
<b>Secretary:</b> Heidi Holmes	hholmes@conestogac.on.ca
<b>Past President:</b> Lynn McCleary	mlynnmccleary@gmail.com
CGNA DIRECTORS	
<b>British Columbia, GNABC:</b> Catrin Brodie	catrinbrodie@shaw.ca
<b>Alberta, AGNA:</b> Terri Woytkiw	president@agna.ca
<b>Manitoba, MGNA:</b> Poh Lin Lim	PLIM@vgh.mb.ca
<b>New Brunswick, NBGNA:</b> Linda Boudreau	lindaboudreau@hotmail.com
<b>Nova Scotia, NSGNA:</b> Jennifer Hayes	Jennifer.Hayes@nshealth.ca
<b>Ontario, GNAO:</b> Julie Rubel	Julie.rubel@gmail.com
<b>Prince Edward Island, PEIGNA:</b> Jennifer Pitre	jpitre@andrewsofpei.com
<b>Newfoundland &amp; Labrador, NLGNA:</b> Sue Ann Mandville-Anstey	sueann.mandville.anstey@mun.ca

## Canadian Gerontological Nursing Association Management

Anthony Lombardo

Email: [office@cgna.net](mailto:office@cgna.net)

Website: [www.cgna.net](http://www.cgna.net)